



75 Parent-Teacher Bonding 2022

4.00PW

Briefing on

- 1. Transition from Primary 4 to 5
- 2. PSLE Scoring, Secondary 1 Posting & DSA
- 3. Key Programmes for 2022

4.45PW

Form Teacher Time

5.30PM

Home Sweet Home

Objectives

- 1. For teachers and parents to get to know one another better as we go on a 2-year journey with the students.
- 2. PSLE Scoring & Secondary 1 Posting
- 3. To share the programmes we have to develop your child holistically
 - > Confident Person
 - Caring Leader



Transition from Primary 4 to 5

Transition from Primary 4 to 5

1) Increase in demand on cognitive load

- New content/concepts to learn
- Concepts become more complicated
- Higher-order thinking and application
- More homework
- Increase in difficulty for examinations

Transition from Primary 4 to 5

2) Increase in demand on pupils' self-management

- Homework & Revision
 - prioritising & allocating sufficient time
- CCA/Leadership Roles
 - juggling practices/meetings with studies

Transition from Primary 4 to 5

3) Coping with personal issues

- o Friendship
- o Self-esteem
- o Distractions
 - Computer, Mobile phones & smart devices
 - Social Media (e.g. Instagram), Netflix



Managing Screen Time

Managing Screen Time

- Passive
 - Mindless watching of youtube videos/tik tok
 - Not aware of the passing of time
- Active
 - Active use of technology for pedagogy
 - Engaged in content
 - Mindful use of time and awareness of content \
 consumption

What is Your Child Doing Online?



Snapchat

- Advertisements not suitable
- Shows location



1 Instagram

- Unfiltered content
- Stranger Danger



Twitter

- Unfiltered content
- Stranger Danger



Tiktok

- Unfiltered materials
- Decrease attention span



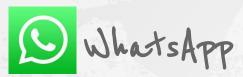
Yik Yak

- Anonymity
- Presence of cuberbullying



- Anonymity to share secrets
- Reveals location

What is Your Child Doing Online?



Allows unfiltered chat which most parents don't monitor



Anonymity is messages



GroupMe

- For sharing notes
- Some students use to cheat in exams



Anonymous in all posts/broadcasts



Presence of adult predators



Periscope

- Easy to find Xrated materials
- Presence of adult predators

https://besociallysmart.com/top-apps-teens/





What can Parents do?

- Model Healthy Electronic Usage
 - Set aside time for whole family to unplug
 - Create technology free zones
- Monitor & Control
 - Restrict Usage
 - Parental Controls
 - Be in the know
 - Screen time a privilege rather than a right
 - Age Limits
- Alternatives



Growth Mindset & Effective Effort

Growth Mindset

- Focus on process and improvements
 - Each child can get and be better.
- Intelligence is not fixed it can go up or down.

Effective Effort

- We believe that pupils can grow smarter through hard work and effort
- 6 specific elements:

Time, Focus, Persistence,

Commitment, Use of Feedback and Resourcefulnéss

Praise and focus on children's effort. Do not just highlight how smart or talented they are.

Kobe Bryant



We're not on this stage just because of talent or ability,

We're up here **because of 4 a.m**. We're up here because of **two-a-days** or **five-a-days**.

Joseph Schooling

"Regardless of domain, empirical studies have shown that **top expert performers are not just natural-born talents**.

Experts' proficiency levels are arrived at after many years of dedicated hard work."

David Chan, Director of the Behavioural
 Sciences Institute and Professor of
 Psychology at SMU, Straits Times 19 Oct
 2016



Elements of Effective Effort

Time

A willingness to spend the hours needed to finish the job well

Persistence

If one strategy isn't working, trying different ones until one works

use of Feedback

Looking carefully at responses to work to know exactly what to fix

Focus

Concentrating only on the work; no TV or other distractions

Resourcefulness

Knowing where to go and whom to ask for help when really stuck

Commitment

Being determined to finish and do the very best work







Cultivating Good Study Habits At Home

USEFUL STRATEGIES FOR PARENTS

| _ | | | | |
|----------|---|---|--|--|
| | | | FOGUS | |
| ~ | Guide your child to create a study | ~ | Set up a space at home that will be used for | |
| | timetable, and help him/her to monitor and | | studying | |
| | adjust it | ~ | Help ensure that stationery and books are | |
| ~ | Encourage your child to complete his/her | | ready at the study table | |
| | homework first every day | 1 | Help ensure that the place for studying is | |
| 1 | Encourage your child to revise or do | | quiet | |
| | additional practices daily | ✓ | Encourage your child to concentrate on | |
| 1 | Set aside a regular time for reading at | | his/her work until it is done | |
| | home (30 min a day) | ✓ | Help your child remove or avoid | |
| ✓ | Remind your child to spend more time on | | distractions (e.g. remind him/her to put | |
| | the subjects he/she is weaker in | | his/her phone away) | |
| | PERCENTENCE | | GOMMINMENT | |
| ~ | Encourage your child to remain positive | ~ | Encourage your child to be determined to | |
| | when faced with problems | | achieve his/her goals | |
| ~ | Help him/her find ways to tell | ~ | Role model how you are committed to | |
| | himself/herself to not give up (e.g. this may | | achieving your goals too | |
| | take some time) | ✓ | Remind your child to put in his/her best | |
| 1 | Remind your child to keep trying different | | effort in his/her work | |
| | strategies until he/she finds one that works | ✓ | Remind your child to finish his/her work | |
| ✓ | Tell your child that you believe he/she will | | without leaving blanks | |
| | succeed as long as he/she keeps trying | | | |
| | OSE OF FEEDBACK | | RESOURCEFULNESS | |
| V | Remind your child to look carefully at | ~ | Encourage your child to look for help when | |
| | teachers' feedback and reflect on it | | he/she is stuck | |
| ✓ | Encourage your child to use the feedback | ✓ | Help your child think of various ways to | |
| | to improve on the next piece of work | | help himself/ herself (e.g. ask a friend/ | |
| | | | parent/ teacher, search in books/ online) | |
| _ | | _ | | |

Additional Resources for Parents

The following are some ideas that your child has learnt through the Effective Effort lessons. It would be most helpful if these could also be reinforced at home.

Fixed mindset vs. growth mindset

Based on research by Dr. Carol Dweck, a Stanford University psychologist, fixed and growth mindsets are attitudes and beliefs that people have towards learning and intelligence. People with fixed mindsets believe that intelligence is fixed and talent leads to success, while people with growth mindsets believe that our abilities can be developed through hard work and effort. People with fixed mindsets avoid challenges for fear of failing and being embarrassed, while those with growth mindsets embrace challenges as opportunities to grow, and understand the value of learning from mistakes. Developing a growth mindset in your child can help to motivate him/her to enjoy learning and challenges, which can lead to higher achievement levels and success. Beyond his/her studies, having a growth mindset can help prepare your child to be a resilient and confident lifelong learner.

Growth mindset language - How to persist

| Instead of | Try saying |
|----------------------------------|---|
| I am not good at this | This might take some time and effort |
| l give up | I'll use a different strategy |
| This is too difficult | What am I missing out on? |
| I will never be that clever | I will learn how to do this |
| I just can't do this | I will train my brain |
| This is good enough | Is this really my best effort? |
| I can't make this better | I can always improve. How can I make it better? |
| I made a mistake | Mistakes are the best ways to learn |
| Plan A did not work | There is always Plan B |
| She is clever and it is easy for | I am going to figure out how she does it so I can learn |
| her | from her |

Being resourceful

The following are some examples of how your child can be resourceful.

| What do I need? | Where can I get help? |
|---|--|
| Meaning / spelling of words | Dictionary |
| Clarify Science/ Math concepts | Search in Course book, guide books, or the Internet |
| Help for homework | Refer to earlier questions within the same topic, look for strategies in my notebook, ask a friend, ask an adult, ask a teacher before submitting it |
| Information on what I missed when I was absent | Call my friend, ask my friend the next day |

| | TIME | | FOCUS |
|---|---|---|---|
| ✓ | Guide your child to create a study timetable, | ✓ | Set up a space at home that will be used for |
| | and help him/her to monitor and adjust it | | studying |
| ✓ | Encourage your child to complete his/her | ✓ | Help ensure that stationery and books are |
| | homework first every day | | ready at the study table |
| ✓ | Encourage your child to revise or do | ✓ | Help ensure that the place for studying is |
| | additional practices daily | | quiet |
| 1 | Set aside a regular time for reading at home | ✓ | Encourage your child to concentrate on |
| | (30 min a day) | | his/her work until it is done |
| ✓ | Remind your child to spend more time on the | ✓ | Help your child remove or avoid |
| | subjects he/she is weaker in | | distractions (e.g. remind him/her to put |
| | | | |

his/her phone away)

PERSISTENCE

- ✓ Encourage your child to remain positive when faced with a problem.
- ✓ Help them find ways to have self positive talks.
- ✓ Remind your child to keep trying different strategies until he/she finds one that works
- ✓ Tell your child that he/she will succeed as long as he/she keeps trying.
- Encourage your child to take baby steps.
- ✓ Allow your child to make their own mistakes and learn from them.

What can parents do?

1. Increase in demand on cognitive load

- Ensure your child develops discipline and habit of completing homework and revising
- Co-create a conducive environment for completing homework and revising
- Praise effort, not the results

What can parents do?

2. Increase in demand on pupils' self-management

- Give your child some responsibilities at home
- Responsibility for self and others
- Let them bear the satisfaction/consequences if they have/have not been responsible

What can parents do?

3. Coping with personal issues

- o Have daily (regular) conversations with your child
- o Consider asking questions like these
 - What went well for you in school today?
 - What questions did you ask your teachers today?
 - You are his/her primary support
 - Be physically, emotionally, psychologically present
 - Listen and try to understand, weigh our words

Solution-focused Conversations

1) When your child has made improvements, ask

What did you do that led to the improvements?
Help him to reflect on the actions he has taken in order to encourage him to continue doing so.

If it works, continue to do more of it

Solution-focused Conversations

- 2) If your child did not perform to his expectation
 - Think about the previous time when you performed well, what did you do to achieve that?
 - What are 1-2 small steps you can take to make a step up in improving?
 - What difference do you think you'll see?

Focus on your child's strength, look for evidence of resource and achievement, and what they can do in the future



PSLE Scoring & Sec 1 Posting

CHANGES TO THE PSLE SCORING AND S1 POSTING SYSTEMS

SUPPORTING STUDENTS AND PARENTS IN MAKING INFORMED SCHOOL CHOICES FOR PSLE

2022 Briefing Deck to P5 and P6 Parents



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OVERVIEW

RECAP

- How the PSLE Scoring System Works
- How the S1 Posting System Works

SUPPORTING STUDENTS AND THEIR PARENTS IN MAKING INFORMED SCHOOL CHOICES

- Understanding the PSLE Score Ranges
- School Choice Journey



WHAT IS THE INTENT OF THE PSLE?



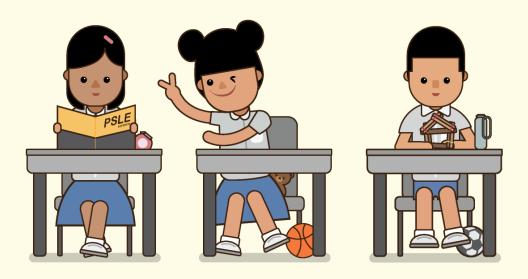
A useful checkpoint at the end of primary school

A fair way to determine secondary school posting

Over the years, we have been changing the education system to help our students discover and develop their strengths and interests, while moving away from an over-emphasis on academic results. Our PSLE Scoring changes reduce an over-emphasis on academic results by:

- Reducing fine differentiation of students' examination results at a young age.
- Recognising a student's level of achievement, regardless of how his/her peers have done.
- Encouraging families to choose secondary schools holistically based on students' strengths, interests and abilities.

HOW THE PSLE SCORING SYSTEM WORKS



FROM T-SCORE TO SCORING BANDS

a) Reduces fine differentiation of students' examination results at a young age

 Students with similar scores in each subject are grouped into wider scoring bands measured in 8 ALs.

b) Reflects a student's individual level of achievement

 Students' ALs for each subject reflect their level of achievement, rather than how they have performed relative to their peers.

| AL | RAW MARK RANGE | | |
|----|-------------------|--|--|
| 1 | ≥ 90 | | |
| 2 | 85 – 89 | | |
| 3 | 80 – 84 | | |
| 4 | 75 – 79 | | |
| 5 | 65 – 74 | | |
| 6 | 45 – 64 | | |
| 7 | 20 – 44 | | |
| 8 | < 20 | | |

GRADING OF FOUNDATION SUBJECT GRADES

- Foundation subject grades are graded in scoring bands from <u>AL A to C</u>.
- To derive a student's overall PSLE Score for S1 Posting, AL A to AL C for Foundation level subjects are mapped to AL 6 to AL 8 of Standard level subjects respectively.
- Similar to the PSLE T-score system, this mapping is based on the learning and assessment load of the subjects, and informs students of how ready they are for the curriculum in secondary school.

| FOUNDATION LEVEL AL | FOUNDATION RAW MARK RANGE | EQUIVALENT STANDARD LEVEL AL |
|------------------------|------------------------------|------------------------------------|
| Α | 75 – 100 | 6 |
| В | 30 – 74 | 7 |
| С | < 30 | 8 |

4 SUBJECT ALS WILL BE ADDED TO FORM THE OVERALL PSLE SCORE

- The PSLE Score can range from 4 to 32, with 4 being the best.
- Students are placed in secondary school courses based on their PSLE Score – Express, Normal (Academic) or Normal (Technical).

| ENGLISH LANGUAGE | AL3 |
|---------------------------|------|
| MOTHER TONGUE LANGUAGE | AL 2 |
| MATHEMATICS | AL 1 |
| SCIENCE | AL 2 |
| PSLE SCORE: 8 | |

| PLACEMENT OUTCOME | PSLE SCORE |
|--------------------------|--|
| EXPRESS | 4 – 20 |
| EXPRESS / N(A) OPTION | 21 – 22 |
| N(A) | 23 – 24 |
| N(A) / N(T) OPTION | 25 |
| N(T) | 26 – 30, with AL 7 or better in both EL <u>and</u> MA |

Express, N(A) and N(T) courses will be phased out by 2024.

ELIGIBILITY CRITERIA FOR HIGHER MOTHER TONGUE LANGUAGE (HMTL)

ELIGIBILITY CRITERIA FOR HMTL

(i) An overall PSLE Score of 8 or better

or

- (ii) An overall PSLE Score of 9 to 14 (inclusive); and attain
 - AL 1 / AL 2 in MTL or
 - Distinction / Merit in HMTL
- The eligibility criteria for taking HMTL takes reference from past criteria.
- It ensures students can cope with the higher academic load.
- Secondary schools continue to have the flexibility to offer HMTL to students who do not meet the criteria if they:
 - have high ability and interest in MTL, and
 - are able to cope with the learning load required.

ELIGIBILITY CRITERIA FOR MOTHER TONGUE LANGUAGE (MTL) 'B' IN SECONDARY SCHOOLS

• The MTL 'B' curriculum is designed to help students in the Express and N(A) courses who face exceptional difficulty coping with MTL.

ELIGIBILITY CRITERIA FOR MTL 'B' (FOR STUDENTS OFFERED THE EXPRESS OR N(A) COURSE)

AL 7 or 8 in Standard MTL

<u>or</u>

AL B or C in Foundation MTL

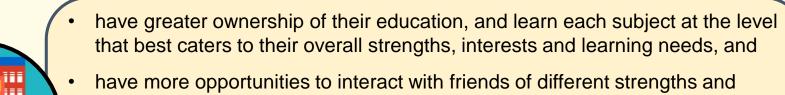
- Schools have discretion to offer MTL 'B' to students who face exceptional difficulty with MTL but do not meet the eligibility criteria at Secondary 1 based on PSLE results.
- As students progress in secondary school, they may also take up MTL 'B' if they are assessed
 to be suitable by their schools.

FULL SUBJECT-BASED BANDING (FULL SBB)

MOE is expanding Subject-Based Banding to Full SBB in secondary schools.

interests.

- This is in line with the changes to PSLE Scoring to recognise each student's own level of achievement and encourage them to choose secondary schools that fit their strengths and interests.
- Full SBB aims to further nurture the joy of learning and develop multiple pathways to cater to the different student profiles. Through Full SBB, we want students to:



- not be held back by negative self-concepts and labelling.
- have increased access to post-sec pathways, while having strong fundamentals in their subjects so that they are able to thrive in the pathway they choose.

FULL SUBJECT-BASED BANDING (FULL SBB)

• The following are changes that students will experience from Full SBB:

- Removal of Express, N(A) and N(T) courses
- Mixed form classes
- Common Curriculum subjects
- Offering subjects at a more demanding level, including Humanities subjects
- Common National Examinations
- Post-secondary Admissions (More information will be made available at a later date.)



FULL SUBJECT-BASED BANDING (FULL SBB) TIMELINE







2022

Next phase of schools

2023

Final phase of schools

2024

Common **National** Exam

Full SBB pilot 28 commenced secondary schools. Feedback from pilot schools has been positive.

Full SBB will continue to be rolled out to more schools in phases.

From 2024,

- There will no longer be Express, N(A) and N(T) courses.
- Students will be able to study subjects at different levels that suit their interests, strengths and learning needs.

2027

From 2027, students will sit for the common national examination and receive a new national certification with subjects at different levels.

HOW THE S1 POSTING SYSTEM WORKS



CHOICE ORDER OF SCHOOLS MATTERS MORE

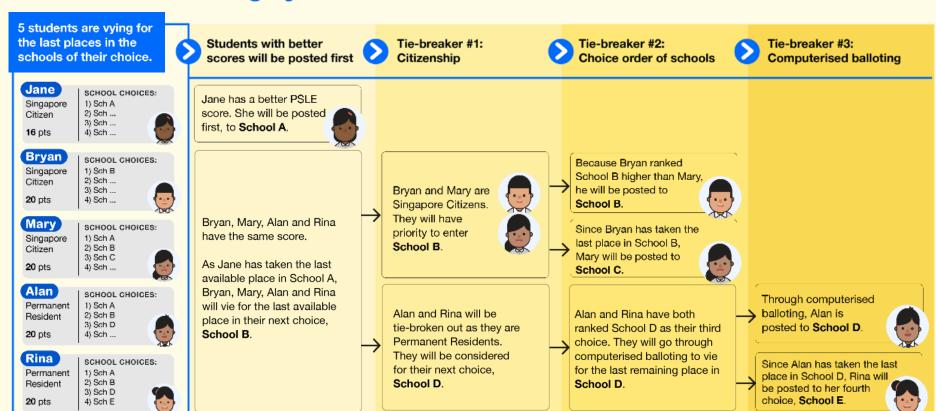
- Students continue to have six choices in selecting their secondary schools.
- Similar to past years, students continue to be posted to a secondary school based on academic merit, i.e., PSLE Score, and their school choice order.
- If there are two or more students with the same PSLE Score vying for the last remaining place(s) in a school, the following tie-breakers will be used in the following order:
 - 1. CITIZENSHIP
 - 2. CHOICE ORDER OF SCHOOLS (New tie-breaker from 2021 onwards)
 - 3. COMPUTERISED BALLOTING
- The new tie-breaker based on school choice order recognises the different considerations that families have in making school choices.

Tie-breakers

in the new S1 Posting System

Tie-breakers are used only if there are two or more students with the same PSLE Score vying for the last available place(s) in a school.

Here's a simplified example.

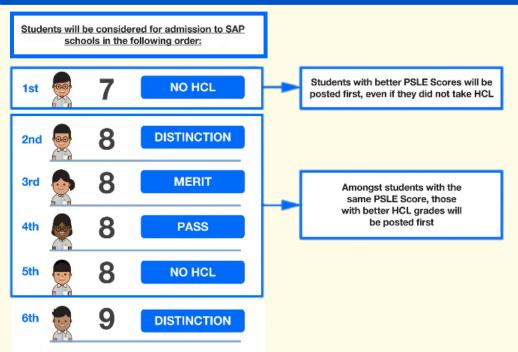


USE OF HIGHER CHINESE LANGUAGE (HCL) FOR ADMISSION INTO SPECIAL ASSISTANCE PLAN (SAP) SCHOOLS



HCL POSTING ADVANTAGE FOR ENTRY TO SAP SCHOOLS WILL CONTINUE

Students who obtained a Distinction/Merit/Pass for HCL at the PSLE and an overall PSLE Score of 14 or better will receive a posting advantage when applying to SAP schools.



- Students' HCL results are denoted as 'D' (Distinction), 'M' (Merit) or 'P' (Pass).
- Students who obtain (i) a
 Distinction / Merit / Pass in HCL
 and (ii) a PSLE Score of 14 or
 better are eligible for posting
 advantage to SAP schools.
- Students are ranked taking into account their performance in HCL.
- This posting advantage applies before the tie-breakers for S1 Posting.



Areas for DSA Application:

- Sports and games
- Visual, literary and performing arts
- Debate and public speaking
- Science, mathematics and engineering
- Languages and humanities
- Uniformed groups
- Leadership (for example, prefects)

Timeline (applicable for P6 students)

| Jan – May | Explore schools |
|-------------|---|
| May | Apply for schools -3 areas in each school - up to 3 schools |
| July – Sept | Interviews |
| Oct | Results of DSA Application Selection of School |

Schools Admission by DSA ONLY

- 1. SOTA
- 2. SPORTS SCHOOL

TIPS FOR PARENTS!

Be open and flexible when discussing your child's preferences, needs and choices.

Have regular conversations with your child to understand more about his/her interests and aspirations.

Manage your own expectations and do not project these expectations onto your child.

Affirm your child and offer support when he/she shares his/her plans with you.

FIND OUT MORE ON THE PSLE-FSBB MICROSITE!



https://go.gov.sg/pslefsbb



OTHER RESOURCES

1

SchoolFinder Tool



"Welcome to Secondary School" video



Secondary School Education Booklet



ECG Parent Guide





https://go.gov.sg/secschoolfinder





https://go.gov.sg/welcometo-secondary-school





https://go.gov.sg/pslesec-sch-brochure





https://go.gov.sg/par ent-guide

ZOZZ PLANNED Programmes

Lode for Fun

Objectives:

- To develop and computational thinking
- To learn fundamental programming concepts in a fun and easy-to-learn manner

- Started till Term 2
- Opt in, free of charge

Ps Math Games Challenge



Objectives:

- To develop skills of being a team player; to support and play as a team
- To develop sportsmanship; to react appropriately when winning and losing

Essential Information:

Term 2 Week 8

Ps Inter-House Games



Objectives:

• To develop sportsmanship & team work

Essential Information:

Term 2 Week 10

Farrerean Leadership Training

Objectives:

 To help pupils develop effective communication and facilitation skills

- Training conducted in Term 3
- Pupils to facilitate game stations for Sports Fiesta

National Education Show



Objectives:

- To instil a sense of pride for the nation
- To reinforce the outcomes of loving, knowing and leading Singapore

- Term 3, Saturday (actual date TBC)
- National Day Parade Full Dress Rehearsal

Ps Adventure Lamp



Objectives:

- To know that emotions can spur one to take responsible actions for self-improvement
- To know oneself and identify personal skills, attitudes and values to overcome change and challenges
- To build resilience and emotional strength

- Term 4 Week 8
- 1 3 Nov (Mon Wed)
- Non-residential

Other Matters

Points to remember ...

- Punctuality and regular attendance
- Lessons will still continue after examinations.
- Form teachers are contact points, please update on any absences.
 - Reasons for absences
 - How long the ML will be
 - Update your child's ART results to teachers; if any adult at home is sick at home, please let us know too

Form Teachers' Time

| Class | Form Teachers |
|------------------------------|--|
| 5 Graciousness 5GR | Ms Loh Siew Yi, Ms Rahimah B Madan & Ms Shermin Low |
| 5 Responsibility 5RP | Ms Vanessa Oh & Ms Vellaisamy Indrani |
| 5 Adaptability 5AD | Mrs Elena Han & Ms Candy Chua |

Please follow your child's Form Teacher to the classroom.

Questions?

Transition from P4 to P5
PSLE Scoring, Sec 1 Posting & DSA
2021 Planned Programmes for P5

Thank You!

Have a restful weekend!

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