

*P5 PARENT-TEACHER  
BONDING SESSION  
2017*

*TRANSITION  
FROM  
PRIMARY 4 TO 5*

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## *Transition from Primary 4 to 5*

### **1) Increase in demand on cognitive load**

- New content/concepts to learn, apart from remembering previously taught content/concepts
  - Concepts become more complicated
  - Higher-order thinking and application required of pupils
  - More homework will be given to assess pupils' learning and their ability to apply what they have learnt
  - Increase in difficulty for examinations
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## *Transition from Primary 4 to 5*

### **2) Increase in demand on pupils' self-management**

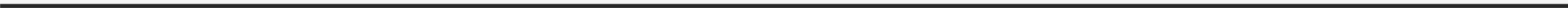
- a. Paper management
    - organising homework & notes
  - b. Backpack management
    - organising and packing their school bags daily
  - c. Homework & Revision
    - allocating sufficient time
  - d. CCA/Prefect duties
    - juggling practices/meetings with studies
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## *Transition from Primary 4 to 5*

### **3) Coping with personal issues**

- Friendship
  - Self-esteem
  - Distractions
    - Computer/Mobile games
    - TV
    - Hanging out with friends after school
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*EFFECTIVE  
EFFORT*



## *2-year journey to PSLE*

- ❖ PSLE is the first major milestone in your child's life.
  - ❖ Advance preparation and hard work are both needed for any high-stakes project.
  - ❖ It also prepares your child for life as an adult.
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Kobe Bryant, one of the all time great basketball players



*We're not on this stage just because of talent or ability,*

*We're up here **because of 4 a.m.** We're up here because of **two-a-days** or **five-a-days.***

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## *Effective Effort*

### Growth Mindset

- We believe that each child can get smarter.
- Intelligence is not fixed – it can go up or down.

### Effective Effort

- We believe that pupils can grow smarter through hard work and effort
  - 6 specific elements
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# Elements of Effective Effort

## What is Hard Work

### Time

A willingness to spend the hours needed to finish the job well

### Focus

Concentrating only on the work; no TV or other distractions

### Persistence

If one strategy isn't working, trying different ones until one works

### Resourcefulness

Knowing where to go and whom to ask for help when really stuck

### Use of Feedback

Looking carefully at responses to work to know exactly what to fix

### Commitment

Being determined to finish and do the very best work



## *What can parents do?*

- 1. Increase in demand on cognitive load*
    - Effective Effort & Growth Mindset
  - 2. Increase in demand on pupils' self-management*
    - Effective Effort & Growth Mindset
    - Give your child some responsibilities at home
      - Responsibility for self and others
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## *What can parents do?*

### *3. Coping with personal issues*

- Effective Effort & Growth Mindset
  - Have daily (regular) conversations with your child
    - You are his/her primary support
    - Be physically, emotionally, psychologically present
    - Listen and understand
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*2017 KEY  
PROGRAMMES*

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# P5 Camp



## Objectives:

- To know that emotions can spur one to take responsible actions for self-improvement
- To know oneself and identify personal skills, attitudes and values to overcome change and challenges
- To build resilience and emotional strength

## Essential Information:

- Term 2 Week 3
- 3 to 5 April 2017 (Mon - Wed)
- Overnight
- Compulsory
- Dairy Farm Adventure Centre

# Overseas Immersion



## Objectives:

- To develop an appreciation of a country's culture, values, history and geography
- To broaden pupils' vision and knowledge of the world
- To develop self-reliance, independence and adaptability
- To inculcate team spirit and endurance

## Essential Information:

- Term 2 Week 10
- 21 to 25 May 2017
- Vietnam
- For selected pupils only. Pupils will go through an interview.

# *NE Show*



## Objectives:

- To instil a sense of pride for the nation
- To reinforce the outcomes of loving, knowing and leading Singapore

## Essential Information:

- Term 3 Week 2/3
- 8 or 15 July 2017 (Sat)
- National Day Parade Full Dress Rehearsal